

An Anchored Faith

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Questions to consider, discuss or journal.

1. Can you look back and see the progression of your Faith journey as you have matured? Has it changed from being absolute with rights and wrongs, to a more fluid Faith, filled with questions and curiosity? Does this feel scary or empowering?
2. Does the analogy of a professional pianist spending many hours a day, most days of the week, practicing the piano startle you into realizing that you have to view your Faith practice much more intentionally?
3. The author states: *“God’s word is meant to be absorbed and turned into the narrative of my day to day life.”* She talks about Faith being active and alive: being a verb. Is your Faith a verb? How so? If not, what steps can you take to putting your Faith into action?
4. The author suggests that we can stay engaged in our Faith through: practice (faith in action), stirring (each other within community), and wrestling (existential questions). Which of these steps do you need to focus on in the coming months?
5. God is steadfast, and has proved this throughout time. When you drift away, how do you move back towards God? How do you reengage and anchor yourself to God?
6. The author paraphrases 1 Peter 5:10 like this, *“The God of all grace, who called you to his eternal glory in Christ, will himself put you back together by resetting your broken bones, prevent you from toppling over, prevent you from collapsing, and he will settle and stabilize your foundation.”* God is intricately involved in your life? Does your Faith in action demonstrate that you really believe this?
7. When you find your Faith wavering, can you anchor yourself to the fact that you are loved by God and Jesus Christ your Lord? Does this love keep you afloat? Does the current of this love pull you back to your Faith in Jesus?