



Hold Fast

by Adam Byrnes

Questions to consider, discuss, or journal.

During this series, the author investigates yet another turning point that Jacob experiences through out his life. Looking back at your life, can you identify multiple turning points and redirections? How did they effect your path?

How do you go about developing your own character? Do you have role models or other strategies for character improvement?

In Jacob's journey, the author emphasizes that the famous wrestling scenario in Jacob's life is preceded by a less obvious wrestling. In examining your own life and times that you have wrestled with God, what preceded?

While the angel was wrestling with Jacob, we see an involved God, personal and intimate with Jacob. Does God involve himself with the personal and intimate details of your life?

How has your character been affected by your own wrestling with God? How has wrestling with God led you to holding fast?

How can you hold fast to God?