

Pride and Preference

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Questions to consider, discuss or journal.

1. How do you describe and define spirituality? How did you come to this definition?
2. Have you experienced a spectrum of spirituality in your walk of faith?
3. The Author describe several broad types of spiritual expression: seeking, mysticism, being chosen, mortifying the flesh, service, preaching, relationships, and feelings. Which most resonated with you? Which least resonated with you? What experiences do you have with these types of spiritual expression?
4. How can you broaden your personal scope of spiritual expression to strength the types that least resonate with you? Is there value in that practice?
5. How can you broaden your scope of spiritual expression include other elements?
6. Are there other forms of spiritual expressions that the author didn't mention that came to mind after reading the article?
7. In examining your faith community, which form of spiritual expression is most emphasized? How could your community become most well rounded to suit the needs of it's varied membership? What practical steps could your community take?
8. The Author describes several valuable emotional responses to spirituality: reverence, shame, thankfulness, hope, joy, peace, love. Which are you most prone too? Have you experienced when your pride interfered?
9. Have you experienced feeling prideful in your spirituality? Or been critical of someone else's expression of their spirituality? What tools can you develop can you keep this in check?
10. What spiritual endeavor can you embark on today that would enable you to draw closer to God and develop a spiritual mind?
11. How can you nurture a sense of personal humility?