

Hung Up On Sexual Matters? by Tom Gaston

Questions to consider, discuss or journal.

- 1. What is your experience in your your faith community with its approach to or emphasis on condemning sexual sins? What is the affect on the community? How does this compare with the experience of the Author?
- 2. Looking at the way the Bible approaches sexual sins, how does that compare with your own preconceptions?
- 3. Have you received spiritually focused guidance on healthy sexual relationships? What was the source? Does your faith community provide a resource for those looking for guidance on healthy sexual relationships?
- 4. When you read the word sin, what first comes to mind? What has influenced your definition of sin and its associations? Has this changed through out your spiritual life?
- 5. Does your faith community place an emphasis on purity culture? Have you experienced the damage of purity culture?
- 6. The author brings up the question, what things does your faith prevent you from doing? Have you experienced resentment at the cost of what is permitted or not permitted by your faith and faith communities?
- 7. Jesus condemned sinful actions and mentalities connected to mean greed, factions, hypocrisy, and the neglect of justice and mercy. What would it look like to be further aligned with Christ and his priorities? What would change in the practices of your faith community?