

Joy - The Neglected Commandment

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Questions to consider, discuss or journal.

1. "I was anything but joyful." Have you ever found yourself in this state? How does work, family and your ecclesia influence your joy?
2. How does it feel when you serve the Lord? Are your actions motivated by joy? A sense of obligation? Other external pressure?
3. As a community there is a tendency to focus on the study of complicated subjects, and as a result we might miss out on the seemingly more simple face value subjects. The author cites the Atonement and Joy as an example of this. What other studies might we be inadvertently skipping over? In our actions, are we trying to please God in complicated things while ignoring his simple commandments?
4. How can you shout, sing, act, and grow with Joy? What would this look like in your day to day life? What would look like in your ecclesia? What is one thing you can do to put this into practice?
5. How does joy affect your present circumstance, whether in light times or dark times?
6. Have you neglected the Commandment for Joy? How can you develop the a spirit of Joy? What would it take for you to embrace this Commandment?
7. How do you express your joy?